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Subject: ALARACT 200/2009 - EXORD 256-09 (SUICIDE PREVENTION ACTION PLAN (SPAP))	Annex_D[1].doc
Originator: ALARACT RELEASE AUTHORITY(UC)	
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To: ALARACT, AL ALARACT(UC)	

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THIS MESSAGE HAS BEEN SENT BY THE PENTAGON TELECOMMUNICATIONS CENTER ON BEHALF OF DA WASHINGTON DC//G-3/5/7//

SUBJECT: EXORD 256-09 (SUICIDE PREVENTION ACTION PLAN (SPAP))

1. (U) REFERENCE(S) :

1.A. (U) ARMY CAMPAIGN PLAN FOR HEALTH PROMOTION, RISK REDUCTION AND SUICIDE PREVENTION (ACPHP)/16 APR 2009, ARMY G-1 WEBSITE
([HTTP://WWW.ARMYG1.ARMY.MIL/HR/SUICIDE/DEFAULT.ASP](http://www.armyg1.army.mil/hr/suicide/default.asp))

1.B. (U) AR 600-63, ARMY HEALTH PROMOTION/07 MAY 2007

1.C. (U) DA PAM 600-24 SUICIDE PREVENTION AND PSYCHOLOGICAL AUTOPSY/30 SEPTEMBER 1998

1.D. (U) ARMY SUICIDE PREVENTION PROGRAM GUIDE FOR INSTALLATIONS AND UNITS /15 MARCH 2008, ARMY G-1 WEBSITE
([HTTP://WWW.ARMYG1.ARMY.MIL/HR/SUICIDE/COMMANDERTOOLKIT.ASP](http://www.armyg1.army.mil/hr/suicide/commandertoolkit.asp))

1.E. (U) ACE INTERVENTION CARD, GTA 12-01-003/MAY 2008

2. (U) MISSION.

2.A. (U) THE PURPOSE OF THE SPAP IS TO PROVIDE PROPER TRAINING AND OVERSIGHT OF ARMY SUICIDE PREVENTION PROGRAM (ASPP) ACTIVITIES. ARMY COMMAND (ACOM), ARMY SERVICE COMPONENT COMMAND (ASCC) AND DIRECT REPORTING UNIT (DRU) COMMANDERS SHOULD USE APPENDIX D OF THE ACPHP (INSTALLATION, GARRISON, AND MTF COMMANDER CRITICAL ACTION/TASKS) IN THE FORMULATION OF THEIR SPAP, AS WELL AS GUIDANCE PROVIDED IN AR 600-63. THE EXISTING COMMUNITY HEALTH PROMOTION COUNCIL (CHPC) OR A SEPARATE ARMY SUICIDE PREVENTION TASK FORCE COUNCIL SHOULD EXECUTE THE SPAP AND PROVIDE THE STRATEGIC OVERSIGHT OF THE ASPP.

2.B. (U) AR 600-63 SPECIFIES THAT ACOM, ASCC, AND DRU COMMANDERS WILL APPOINT A SUICIDE PREVENTION PROGRAM COORDINATOR TO PROVIDE ASSISTANCE FOR AND STAFF SUPERVISION OF THE ASPP (PARA. 1-19C.). THE SOON-TO-BE-RELEASED REVISED AR 600-63 WILL RENAME THIS COORDINATOR AS A SUICIDE PREVENTION PROGRAM MANAGER. THIS OFFICIAL WILL BE RESPONSIBLE FOR COORDINATING THE EFFORT OF DEVELOPING THE SPAP. AR 600-63 AND DA PAM 600-24 ARE UNDER REVISION. SPAP LANGUAGE BETWEEN THE OLD REGULATION AND DA PAMPHLET AND THE NEW VERSIONS REMAIN UNCHANGED.

3. (U) EXECUTION.

3.A. (U) INTENT. ACOMS, ASCCS, THEIR DRUS AND THEATER-SPECIFIC COMMANDS SHOULD DEVELOP AND IMPLEMENT A COMMAND-LEVEL SPAP WITHIN THEIR COMMANDS TO NEST WITH THE ACPHP.

3.B. (U) PURPOSE. ACOMS, ASCCS, DRUS AND THEATER-SPECIFIC COMMANDS

IMPLEMENT COMMAND-LEVEL SUICIDE PREVENTION ACTION PLAN NESTED WITH THE ARMY SUICIDE PREVENTION PROGRAM TO PROVIDE PROPER TRAINING AND OVERSIGHT OF ASPP ACTIVITIES WITHIN THEIR ORGANIZATION.

3.C. (U) CONCEPT.

3.C.1. (U) COMMANDS SHOULD IDENTIFY AND INTEGRATE ACTIVITIES AT THE LOCAL LEVEL THAT MUST BE EXECUTED TO SUPPORT THIS PROGRAM. THE SPAP SHOULD CONTAIN THE FOLLOWING ELEMENTS:

3.C.1.A. (U) MEASURABLE ACTIONS THAT INTEGRATE ALL RESOURCES FOR HEALTH PROMOTION, RISK REDUCTION, AND SUICIDE PREVENTION-RELATED PROGRAMS.

3.C.1.B. (U) FORMAL PROCESSES TO ASSESS, REPORT, AND MEASURE THE EFFECTIVENESS OF STRATEGIES AND MARKETING/ADVERTISEMENT AND MECHANISMS TO ADJUST STRATEGIES BASED ON LESSONS LEARNED.

3.C.1.C. (U) A FORMAL SYSTEM OR PROCESS TO COMPARE AND SHARE POLICIES, PROGRAMS, AND SERVICES WITH OTHER COMMANDS TO IDENTIFY AND INCORPORATE "BEST BUSINESS PRACTICES."

3.C.1.D. (U) ACTIONS THAT FORMALIZE AND ASSESS THE EDUCATION AND TRAINING PROVIDED TO SOLDIERS, DA CIVILIANS, AND FAMILY MEMBERS AND TRACK COMPLIANCE OF REQUIRED TRAINING. SPAPS SHOULD INCLUDE SPECIALIZED TRAINING FOR MENTAL HEALTH PROFESSIONALS AND CHAPLAINS.

3.C.2. (U) THE EXISTING CHPC OR A SEPARATE SUICIDE PREVENTION TASK FORCE COUNCIL (SPTFC) SHOULD MEET REGULARLY TO INTEGRATE ALL STAFFS AND AGENCIES ASSOCIATED WITH PROVIDING HEALTH PROMOTION, RISK REDUCTION, AND SUICIDE PREVENTION-RELATED PROGRAMS AND ENFORCE EXECUTION OF THE SPAP.

3.C.2.A. (U) CHPC OR SPTFC SHOULD INCLUDE THE FOLLOWING MEMBERS: CHPC COORDINATOR, SUICIDE PREVENTION COORDINATOR, RISK REDUCTION COORDINATOR, CLINICAL AND NON-CLINICAL ALCOHOL AND SUBSTANCE ABUSE PROGRAM (ASAP) REPRESENTATIVE, CLINICAL AND NON-CLINICAL FAMILY ADVOCACY PROGRAM (FAP) REPRESENTATIVE, ARMY COMMUNITY SERVICE (ACS) (E.G., MILITARY FAMILY LIFE CONSULTANTS, FAMILY READINESS COORDINATORS, ARMY EMERGENCY RELIEF MANAGERS), CHAPLAINS, DIRECTOR OF EMERGENCY SERVICES (DES), CRIMINAL INVESTIGATION DIVISION (CID), CASUALTY ASSISTANCE OFFICE (CAO), DIRECTORS OF PLANS, TRAINING, MOBILIZATION AND SECURITY (DPTMS), PRIMARY CARE COORDINATOR, BEHAVIORAL HEALTH COORDINATOR, STAFF JUDGE ADVOCATE (SJA), SAFETY, PUBLIC AFFAIRS OFFICER (PAO) AND MAJOR SUBORDINATE COMMAND CDRS, AS APPROPRIATE.

3.C.2.B. (U) A FORMAL CHARTER, SIGNED BY THE COMMANDER, SHOULD CLEARLY OUTLINE (AT A MINIMUM): ORGANIZATION STRUCTURE, MISSION, SCOPE AND OBJECTIVES (INTEGRATION WITH OTHER COUNCILS/COMMITTEES), AUTHORITIES, MEMBERSHIP AND ROLES/RESPONSIBILITIES, MEETING SCHEDULES (QUARTERLY, AT A MINIMUM, TO BE EFFECTIVE). STANDARD PRODUCTS/SERVICES, PROTOCOLS FOR ASSESSMENTS, MEASURING, REPORTING, AND INCORPORATING LESSONS LEARNED, AND A MARKETING/OUTREACH PLAN, ALL IN ACCORDANCE WITH ARMY REGULATION 15-1 (COMMITTEE MANAGEMENT) AND THE FEDERAL ADVISORY COMMITTEE ACT, 5 U.S.C. APP. 2.

3.C.3. (U) THE SPAP SHOULD AGGRESSIVELY MARKET, ADVERTISE, AND IMPLEMENT OUTREACH PLANS TO HEIGHTEN SOLDIER, DA CIVILIAN, AND FAMILY MEMBER AWARENESS OF HEALTH PROMOTION, RISK REDUCTION, AND SUICIDE PREVENTION-RELATED STRATEGY THAT CLEARLY DEPICTS STAFF AND AGENCY CHARTERS, PROGRAMS, SERVICES AND OTHER AGENCIES. THE MARKETING PLAN SHOULD INFORM SOLDIER AND FAMILY MEMBER KNOWS

THAT THE SERVICE MEMBER'S CAREER IS NOT IN JEOPARDY IF BEHAVIORAL HEALTH COUNSELING IS REQUESTED.

3.D. (U) ALL ACOMS, ASCCS, AND DRUS SHOULD SUBMIT SPAPS TO HQDA BY 1 SEP 09 TO G1SUICIDE@CONUS.ARMY.MIL.

4. (U) EXPIRATION OF THIS EXORD IS 1 AUG 2010.

5. (U) ACKNOWLEDGE RECEIPT OF THIS ORDER TO HQDA, ASPTF, ATTN: MS. JUDY MILLER (703) 571-3450, G1SUICIDE@CONUS.ARMY.MIL NLT 31 JUL 09.

ANNEXES:

ANNEX D (INSTALLATION, GARRISON, AND MTF COMMANDER CRITICAL ACTIONS/TASKS)

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6. EXPIRATION DATE IS 1 AUG 2010.